

# Weekly Meal Planner

Date: 6/10-6/28



Weekday	Lunch Week 1	Snack Week 1	Lunch Week 2	Snack Week 2	Lunch Week 3	Snack Week 3
Monday	Chicken Nuggets, Fries, Fruit, Milk	Goldfish & lemonade	Quesadilla, Veggies, Fruit & Milk	Fruit Smoothie	Hot Dogs, Fries, Fruit & Milk	Goldfish & Lemonade
Wednesday	Pizza, Salad, Fruit Milk	Fruit plate & Water	Grilled & Cheese, Veggies, Fruit & Milk	Goldfish & Lemonade	Chicken Nuggets, Fries, Fruit, Milk	Fruit plate & Water

Date: 7/8-7/26

Weekday	Lunch Week 1	Snack Week 1	Lunch Week 2	Snack Week 2	Lunch Week 3	Snack Week 3
Monday	Chicken Nuggets, Fries, Fruit, Milk	Goldfish & lemonade	Quesadilla, Veggies, Fruit & Milk	Fruit Smoothie	Hot Dogs, Fries, Fruit & Milk	Goldfish & Lemonade
Wednesday	Mac & Cheese, Veggies, Fruit Milk	Fruit Smoothie	Hot Dogs, Fries, Fruit & Milk	Fruit Plate & Water	Pizza, Salad, Fruit Milk	Fruit Smoothie